

Track Events

SUNDAY, APRIL 28, 2024

Track Events - All Age Groups- Rolling Schedule

8AM

VCS Middle School
Buffalo Ridge Campus

CHECK IN BEGINS AT 7:45AM

1500 Walk – Women

8:30AM

1500 Walk – Men

50 Meters

800 Meters

100 Meters

400 Meters

1500 Meters

200 Meters

4 x 100 Meter Relay

Starting with the 1500 Women's Race Walk at 8:30AM, we will use a continuous rolling schedule. The next race will start immediately after the previous race is completed.

The Women's races will be run first for each event.

The oldest age group runs first, then descending to the youngest age group.

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